The South Ayrshire Micro-Enterprise Project is being lead by Ayrshire Independent Living Network and Ayrshire Beats, in partnership with South Ayrshire Health & Social Care Partnership, South Ayrshire Council, Growbiz and Voluntary Action South Ayrshire. The project aims to increase choice and diversity in the local social care and support field by supporting existing and emerging micro care and/or support providers. This list has been produced for people who may be interested in purchasing micro care and/or support services and is made up of micro providers that are known to the project and that have given their consent to being included in the pilot. A micro provider’s inclusion on this list is not an indication that the provider concerned has been accredited by Ayrshire Independent Living Network or the partners involved. For more details contact project coordinator Kirsti Bell at microenterprise@ailn.org or call 07951795337. Kirsti can also help link you in with existing voluntary community supports in your area. Or if you would like support to become a Micro-enterprise, please contact Ayrshire Beats enquiries@ayrshirebeats.co.uk

**Micro Providers proving Care & Wellbeing Support services**

|  |  |  |
| --- | --- | --- |
| **Services & Contact Details**  | **Description of Service** | **Area Covered** |
| Ayrshire Healing CentreTracey McCrindleTel: 07841513827 Email: ayrshirehcretail@gmail.comFacebook: [*https://www.facebook.com/profile.php?id=100086533747586*](https://www.facebook.com/profile.php?id=100086533747586) | Tracey is a qualified & insured holistic therapist based in Ayrshire Healing Centre. Tracey offers Reiki, sound healing, energy healing, biofield clearing, and spiritual guidance. These therapies can greatly help anyone living with chronic pain, depression or anxiety. Ayrshire Healing Centre has strong links with NHS and Health & Social Care and a proven track record of helping people to manage their stress and pain levels. Therapy days are flexible. | South Carrick and Wider South Ayrshire |
| **Services & Contact Details**  | **Description of service**  | **Area Covered** |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |